

Using a computer every day can have a more negative than positive effects on your children. Do you agree or disagree?

With the technology on the rise, coping with the computer and digital technologies are considered inevitable phenomena. There are vast group of users which does not exclude children. Although keeping up with the pace of this fast-trend technology seems essential, going to extremes might associate with damaging effects on the young-age group.

Spending numerous hours in front of the screen not only gives rise to distraction from other vital responsibilities, it might increase the possibility of computer games addiction. According to statistics a quarter of pupils in their first year of school are not able to perform efficiently in their studies because of being obsessed in computer games. Moreover, posture could be changed in regarding the long time spending dealing with computers every day. Obesity is another problem which might leaves irrecoverable marks on the young users' lives. Simply put, remaining inactive causes body to restore extra obese which might lead to some serious illnesses such as diabetes and high blood-pressure.

Notwithstanding all aforementioned demerits, this life-style predisposes children to be reclusive which brings about failing to have interactions in virtual social issues. Needless to say that paving the way for children to be a decent computer-literate is a must; avoiding extremism and implementing a balanced routine time for this matter should be taken into consideration. It is incumbent on parents and teachers to encourage the young generation to utilize computers in an effective way.

To sum up, every-day dealing with digital technologies is nit harmful in its own way, thus the sensible attitude in this regard.